**Listening Exercise 103**

Center for Disease Control Safety Tips, 40 seconds

¡Gracias por hacer este ejercício! ☺

Guidelines:

A. Review the questions

B. Play the audio twice in repetition (click on the icon)

C. Answer the questions.

F. Review the transcript to gauge comprehension

G. Listen to the audio a third and fourth time while simultaneously reading the audio transcript

H. Refer to the answers and translation to clarify doubts and uncertainties



**Questions**

1. Choose all that apply if you come across this situation when not in a car?
   1. Try to quickly fix the problem yourself
   2. Call 911
   3. Wait at the scene until help arrives
   4. Leave the area immediately
2. What should you do if you are inside of a car and this happens?
   1. Move away from the car as quickly as possible
   2. Get out of the car and walk for help
   3. Wait inside of the car
   4. Get out and keep physical contact with the car body
3. How do you get out of the car?
   1. Crawl out of the window
   2. Run as quickly as possible
   3. Jump away and land on both feet
   4. Hop on one foot holding the door for balance
4. How should you move once out of the car?
   1. Crawl as low as possible
   2. Crawl on all fours
   3. Run quickly
   4. Don’t run, hop on both feet

**Transcript**

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|  | **Cables de alta tensión caídos** | **Downed Power Lines** |
|  | Si ve un cable de alta tensión caído, deje la zona de inmediato y trate de obtener ayuda llamando al 911. | If you come across a downed power line, leave the area immediately and seek help by calling 911. |
|  | **Si está dentro de un vehículo y un cable de alta tensión cae sobre el mismo,** espere dentro del vehículo hasta que llegue ayuda. | **If you are in a vehicle when a power line falls onto it,** wait inside the vehicle until help arrives. |
|  | Si debe abandonar el vehículo debido a un incendio o una lesión que pone en peligro su vida: | If you must leave the vehicle because of fire or life-threatening injury: |
|  | Salte fuera del vehículo aterrizando sobre ambos pies. | Leap from the vehicle, landing on both feet. |
|  | No se agarre de la puerta al saltar. | Do not hold onto the door while leaping. |
|  | Cuando esté en el suelo, aléjese saltando, y no corriendo. | Once on the ground, hop away—do not run. |